



SMILTENE CYCLING ROUTES



LEGEND

- ~10 km long route
- ~20 km long route
- ~30 km long route

Recommended sites of start and finish:

- 1** Sports and recreation centre «Teperis»
- 2** Lake Niedrājs
- 3** Silva Arboretum
- 1** Lake Teperis
- 2** Lake Niedrājs
- 3** Money Stone
- 4** Lake Salainis
- 5** Lake Spicieris
- 6** Silva Arboretum

- information, map
- parking lot
- recreational place
- WC
- bike rental
- bike repair
- swimming place
- catering facility



The wide, flat, easily passable roads of Smiltene surrounding, as well as mountainous, sandy and even swampy paths are suitable for cycling both for trainings and competitions, both for recreation and enjoyment of nature. Therefore Smiltene and the surrounding area has created different length and difficulty of marked cycling trails that lead along the interesting sights and places of recreation. With yellow color highlighted beginner cycling route, but with red color - difficult route. These trails are also suitable for Nordic Walking and for cross country skiing in the winter.

TOURIST ATTRACTIONS ON THE ROUTE:

Made by: 

1 LAKE TEPERIS



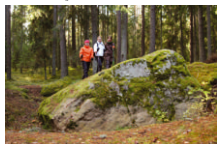
Lake Teperis was created by blocking a river called Abuls. In the past near the lake was a forge with a big iron hammer. Lake Teperis is named after the last owner of the iron hammer - Teper.

2 LAKE NIEDRĀJS



Lake is connected with human-made canals to six other forest lakes (Melluzis, Salainis, Niedritis, Bezdibenis, Zummers, Bezvardis). In the past through these canals were going by boats.

3 MONEY STONE



This stone is included on the list of protected natural monuments. Those searching for buried treasure have dug up the area around the stone, hoping to find hidden money.

LEGEND



Easiest and shortest route, marked in yellow. Recommended for everyone.



Medium difficulty route, marked in blue. Recommended for riders with little experience.



Difficult route, marked in red. Recommended for experienced riders with mountain bikes.



The figure under the colors of the flag indicating the distance between your location and the start-finish site in Sports and recreation centre «Teperis».

4 LAKE SALAINIS



The shape of Lake Salainis from the birds view resembles Latvia's contour.

5 LAKE SPICIERIS



Lake Spicieris is approx. 1,5km long and only approx. 200m wide. East and west banks are quite steep, and couple of vigorous springs flows out of them. From the lake a streamlet to river Vija flows out. Lake Spicieris is also very popular between fishermen.

6 SILVA ARBORETUM



State protected special nature area. The dendrological park contains about 200 tree and shrub types. For several types, it is the furthest north they will successfully grow. The plants are organised in groups by family as a collection and as a recreation area.

SMILTENE DISTRICT TOURIST INFORMATION CENTRE

Dārza str. 3, Smiltene, Smiltenes district, LV-4729
+371 64707575, +371 29395200, +371 26584237
tourism@smiltene.lv



visit.smiltene.lv

