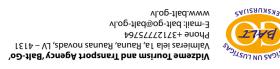
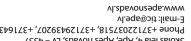
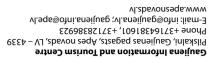
Cover photo: A. Melderis





Ape Tourism Information Point Skolas iela 4, Ape, Apes novads, LV – 4337 Phone +3712X0378, +37129439207, +37164322273



Vl.∋najl: tourism@sinitene.lv vl.snijtene.lv Phone +37164707575, +37129395200

Smiltene County Tourism Information Centre Dārza iela 3, Smiltene, Smiltenes novads, LV-4729

vl.enuer.www moo.liem@@oitenuer.liem-∃

Phone +37164177014, +37120113881 Rauna County Tourism Information Centre Valmieras iela 1a, Rauna, Raunas novads, LV- 4131

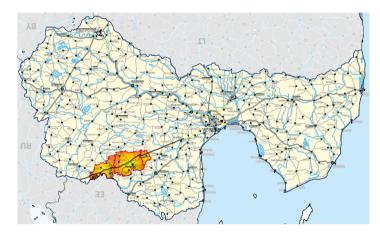


میں سملام کی سائلہ کی دوسو مہمات We hope that the joint offer of our counties will give you lots of pleasant emotions

You are invited to take a break and tum off the motorway at several stops where you can make unusual discoveries in nature and history, meet interesting people, learn handicraft skills, participate in events and, of course, have a delicious meal and relax:

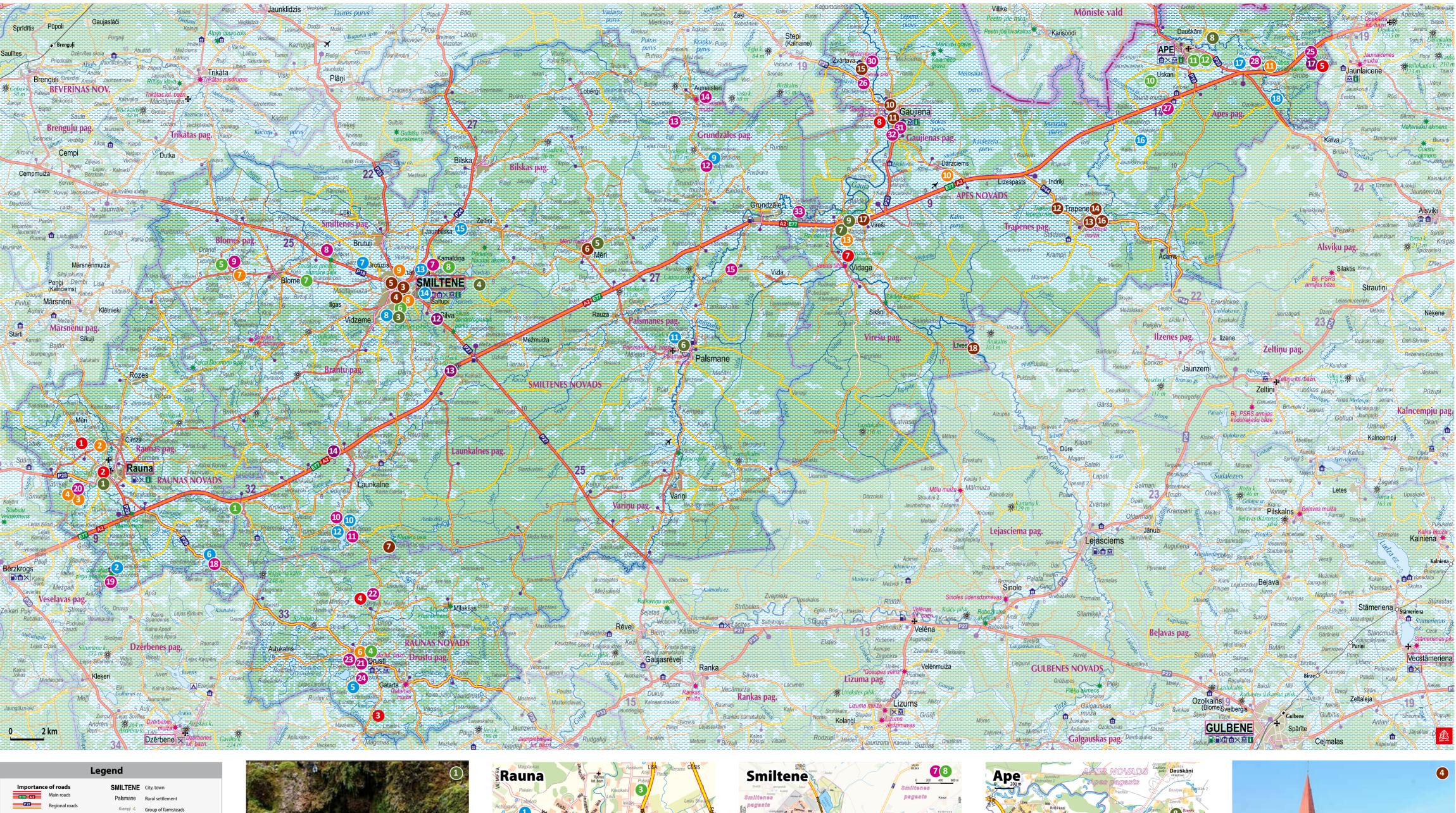
səintnuoc prinuda sountries.

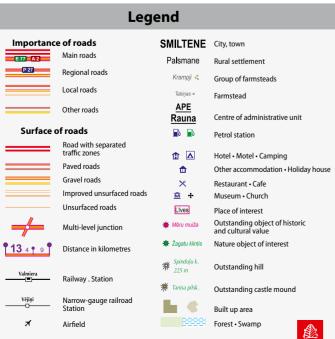
Like a string, Vidzeme motorway crosses hills, valleys and rivers, and through Rauna, Smiltene and Ape counties leads north- east to Estonia and further on to Russia. The ancient road has turned into u modern highway connecting three peighbouring countries



Stops along Vidzeme Motorway



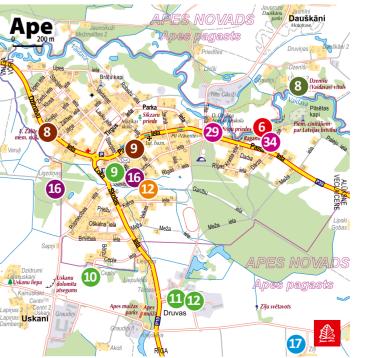














Gourmet Stops

(Cheese Factory' Ltd

Cheese Factory Ltd is the only enterprise in Latvia which makes reen Cheese. Its main ingrédient- fenugreek is locally grown They also produce grated Green cheese, Golden (ghi) butter dry garlic cheese 'Ķiplociņš', dry cheese with herbs, spicy cottage cheese 'Knapsieriņš', as well as 12 sorts of Homemade pasta and 5 sorts of Homemade Noodles. A novelty-buckwheat and rice pasta! All products are handmade. Visitors are offered a guided tour of the company, as well as tasting and buying the

products. Advance booking! Parka iela 4a, Raunas pagasts, Raunas novads Phone +37122014583; www.sierarazotne.lv

GPS: 57.331722, 25.620265

Parm 'Mežnoras' Early strawberries are grown under covering and in the field, as well as both summer and autumn raspberries. Raspberry v are offered. Advance booking!

Mežnoras, Raunas pagasts, Raunas nova

Phone +37129113619. GPS: 57.345578, 25.594888

🚯 Farm products from 'Kalna Upmaļi A bath house, a banquet hall and guest house, as well a delicious farm products are offered.

Kalna Upmali, Raunas pagasts, Raunas novad Phone +37129138054, +37126355508; www.kalnaupmali.lv GPS: 57.323811, 25.588777

🕘 Garlic products from 'Latvijas Ķiploks' Ltd

'Latvijas Kiploks' is a brand which represents healthy, safe and high quality products made exclusively from locally grown garlic. A wide variety of garlic products are offered: fresh garlic, garlic powder and granules, garlic tea, garlic and garlic blossom pesto, pickled garlic stems, garlic candies, garli toasts etc., as well as handicraft products- special clay pots for storing garlic, garlic- shaped wooden chopping boards and other things related to garlic. On demand, trading venue in the centre of Rauna or in Rauna Castle ruins is organised. Saulītes, Raunas pagasts, Raunas novads hone +37122471245 (Sintija Rude), +37129123367

(Inese Krūklīte); GPS: 57.323941, 25.578886

6 'Latnature' Ltd vegetable crisps manufacturer

'Latnature' Ltd makes unu: red beet, carrots and Calais cabbage - tasty and healthy snacks for the whole family! A tour of the crisps factory is offered, you can see the process of production, as well as taste and buy the healthy snacks. Advance booking!

SIA "Latnature". Cēsu iela 10 – 1. Rauna, Raunas novads el. +37129149177; latnature@gmail.con https://www.facebook.com/latnature

GPS: 57.328916, 25.603210 6 Farm 'Ozolkalns'

GPS: 57.44129, 25.73349

Homemade raw milk cheese with various specific spices is

offered. Tasting cheese allows to enjoy the variety of this fantastic product. Tent and picnic sites are also offered. Phone +37126184900; GPS: 57,224993, 25,858001

🛛 🕗 Latvian meal in the farm 'Donas'

bread and gingerbread workshop

An opportunity to enjoy a substantial Latvian meal. Baking bread according to ancestral methods and the gnomes' gingerbread workshop in December. You can get actively involved. Tasting and buying products. You can stay over night in cosy rooms, use the banquet hall and the bath-house. Advance booking of visits Donas, Blomes pagasts, Smiltenes novad Phone +37126425426; http://maizesdarbnica.blogspot.com

8 The taste of the Princess's delicacies and the

Prince's childhood Enjoying the taste of the Princess's fine delicacies and Prince Lieven's childhood, buying products. Bread programme with baking your own loaf of bread with the estate housekeeper A tour of the historical territory of Kalnamuiža or the town of Smiltene and its neighbourhood with Princess Lily. Advance

booking of tours! Kalnamuiža, Smiltenes pagasts. Smiltenes novac

Phone +37164772173; www.smiltenestehnikums.lv GPS: 57.42795, 25.90794

Smiltene Cider Brewery

In the cellars of the former distillery, Latvian cider and wine from summer berries is made. The manufacturing process is carried out by manual labour. You can go on an educating tou of the brewery and winery cellars and taste drinks. Advance

booking of tours! Brūža iela 2, Smiltene. Phone +37129612267; www.hotelbruzis.lv GPS: 57.42771, 25.91587

🕛 'Very berry' Ltd

The company offers tasting and buying cranberry, blueberry raspberry, rhubarb etc. juice, syrups and fruit drinks. On tour around Kalnapurvs you can see how cranberries and blueberries are grown, as well as the peculiar swamp nature and in the workshop the cycle of processing and preserving berries can be seen. Advance booking of tours! Jaunās Rogas, Dārzciems, Gaujienas pagasts, Apes novad

Phone +37126348942; info@veryberry.lv; www.veryberry.lv GPS: 57.480077, 26.453142

🛄 Fish farm 'Krāces'

On the farm by the river Vaidava you can see how trouts and carps are bred and also catch a fish yourselves. During the summer season the owner will gladly grill or smoke your catch or make it fresh salted. You can order fish tasting, relax in picnic houses and the grill hut. A tour of Grube hydroelectric powe station and waterfall. Advance booking of tours.

Grūbe, Apes pagasts, Apes novads Phone +37129355117; arubehidro@inbox.lv

GPS: 57.525792, 26.775757

😐 Lunch in cafe 'Krodziņš'

ious meals are offered in the cosy cafe with a fireplace. Also off-site laying tables and catering. Opening hours: on weekdays 12.00 - 16.00, other time and for

groups - on demand. anību iela 4, Ape, Apes novads (next to the bus station) Phone +37126594554; aigija.kalnina@gmail.com

www.kalnaruski.lv; GPS: 57.537598, 26.696025

Farm 'Zemesziediņi' The Vilemsoni family are known as wide scope berry

cultivators. Every customer appreciates tasty raspberries and strawberries grown on the banks of the Gauja. You can participate in picking berries.

Ziediņi, Virešu pagasts, Apes novads Phone +37126549947; zemesziedini@inbox.lv

GPS: 57.448332, 26.351468

Handicraft Skills Stops

Ceramics workshop Raunas Ceplis

A ceramics workshop offers to see the process of making ceramic dishes and other things, starting from clay extraction to ready earthenware. There is an opportunity to experience clay transformation with your own hands, using your creative skills. There is a beautiful scenery, and the territory can be used for organising different activities. Advanced booking of visits! Ķieģeļceplis, Raunas pagasts, Raunas novads, Motorway A-2 109th km; Phone +37129412265; +37129364949 www.viss-raunasceplis.lv

GPS: 57.31442, 25.732570 🕗 Raunas Lauktehnika

An opportunity to obtain various pieces of metalwork, as well as to go on a tour of the company. Advance booking of tours! Parka iela 4, Raunas pagasts, Raunas novads Phone +37129284026; www.rl.lv; GPS: 57.330952, 25.619313

1 Farm 'Kaliņi' nursery

The nursery offers annual and perennial plants of flowers, herbs, vegetables and decorative shrubs. Advice is given about growing plants and looking after gardens. Plants can also be seen in the garden, flower-beds and different compositions. The nursery works from April to November. Advance booking for big groups! 3ērzini-2, Raunas pagasts, Raunas novads Phone +37129333780; http://www.draugiem.lv/kalini

GPS: 57.337201, 25.614164

4 Ancient handicraft workshop in Drusti village In the ancient handicraft workshop of Drusti study of local history. you can try doing carpenter's work: forging, planing, sawing. In an ancient farmstead it was necessary to provide firewood: to saw, to chop, to get splinters. That is why working with wood under guidance of a professional carpenter is offered you can learn to carve spoons and make other wooden things, using ancient instruments: a plane, an axe, a saw etc. Workshops making ancient candles, as well as making butter, cheese and cream are offered by advance booking. sas iela 20, Drustu pagasts, Raunas no

hone +37122047515: GPS: 57.231648, 25.854089

Oulture - educational Bread programme in farm 'Donas'

Baking bread according to ancestral methods. An opportunity to participate in the baking process. Tasting bread and buying ready products. You can stay over night in cosy rooms, use the panquet hall and the bath-house, as well as enjoy a substantial Latvian countryside meal. Advance booking of visits! onas, Blomes pagasts, Smiltenes novads Phone +37126425426; http://maizesdarbnica.blogspot.com

: 57.44129, 25.73349

6 Studio of National Applied Arts 'Smiltene' An opportunity to watch the studio experts' demonstrations and participate in creating things. You can see and buy works of applied arts in the exhibition hall. Advance booking of visits! las iela 2. Smiltene. Phone +37125455507 GPS: 57.42203, 25.90610

Blacksmith's Workshop

4

-

Visiting a blacksmith's workshop, observing the forging process, in opportunity to try shaping metal in things. You can see and buy the ready pieces of work. Advance booking of visits! aulini, Blomes pagasts, Smi Phone +37129275420; GPS: 57.432818, 25.803542

8 Milk River in Pancake Banks

Entertaining educational programme. During the visit, you can explore the long way of milk – from a cow to the dinner table, rticipate in separating cream from milk, churning butter etc., as well as play exciting games, make pancakes with a filling of your own choice and enjoy eating them, drinking peppermint tea. In the farm, different farmstead animals can be seen. You can have fun in playgrounds and grill sausages taken with you on the fire. Phone +37129257467; +37129465018; www.kalbakas.lv GPS: 57.43782, 25.93639

Society 'Centre of Creative Ideas'

vely arranged workshops in a culture centre for florists and art studio. Various things are woven on looms, including en towels and coloured rugs, giving another life to materials You can also try weaving yourself. An exhibition hall on the balcony. Groups can book practical and educating activities needlework, making gingerbread etc.). An opportunity to rent premises for seminars. Advance booking of visits! las jela 4, Ape, Apes novads, Phone +37129 ape.lv; GPS: 57.538121, 26.694182

Production of paving stone 'Granitex' Ltd

Paving stones and decoration plates of different sizes (possib o order) are made from the colourful Latvian boulders. During the summer period you can observe the process of stone crumbling. Advance booking of visits! 'Kalkuceplis', Ape, Apes novads, Phone +37125446840

@granitex.lv; www.granitex.lv; GPS: 57.532025. 26.690472

Making wooden tubs 'Wood.ly' Ltd A determined young entrepreneur uses modern equipment t

make wooden bath-house tubs with heating furnaces, as well as various other wooden things. Advance booking of visits! ruvas', Apes pagasts, Apes novads. Phone +3712200303 valdis zass@inbox.lv: GPS: 57.531612, 26.701036

🕐 Metalworking 'TTR Companie' Ltd

You can learn a lot of interesting things about metalworking and powder painting from a young entertaining and imaginative entrepreneur who will also demonstrate various equipment in operation. Advance booking of visits! uvas", Apes pagasts, Apes novads. Phone +37126169898 teters.nauris@gmail.com; GPS: 57.530775, 26.700849

Adventure stops

4 'Baižkalns' Stables

Riding horses and going in a horse-drawn cart or sleigh is offered. Both individual and group visits. Advance booking! Baižkalns, Raunas pagasts, Raunas novad +37129540152. GPS: 57.335018, 25.595345

\prime Organic farm 'Jaun-leviņas'

e farm offers an opportunity to see wild horses and cows, as well as poultry of various breeds. There is a guest house on the bank of a pond (a banquet hall with a fireplace, a bath-house, a ssage bathtub, accommodation facilities for up to 35 people, a boat and a catamaran). Catering for groups of up to 60 people. The farm produces different eco products: candied quince, marmalades, syrups, herbal tea, eggs. Advance booking! iunieviņas, Raunas pagasts, Raunas novads Phone +37126463980, +37129495146; www.jaun-iev

GPS: 57.278341, 25.609738

A ride on a Soviet-time motorbike unity to go for a ride on a Soviet-time my

the route in the centre of Rauna (seasonal). Advance bookin Rauna TIC, Valmieras iela 1a, Rauna, Raunas novads Phone +37127775764; raunatic@gmail.com GPS: 57.331864, 25.609573

4 Adventure Path with tourism elements

A recreation ground, a path for children and adolescents with different kinds of hurdles for testing their physical endurance. The path has been set up in the historical Rauna Park, with a view of Rauna Castle ruins. Rauna Park, Rauna, Raunas novads. GPS: 57.332325, 25.611945

5 Farm 'Skolieši'

You can see the building of a Church School built in 1873 in the farm territory and get information about its history. An opportunity to get to know rural life - seeing various breeds of poultry and domestic animals. The farm is engaged in dairy arming. Recreation by a lake- jet ski and boat rental, fishing, tent sites.

kolieši', Drustu pagasts (by Lake Draudzesskolas), Raunas novads. Phone +37120257343 GPS: 57.219449, 25.845103

6 Guest house 'Lubūži'

Recreation on the banks of Lake Lubūži. We offer a guest house and rooms for different celebrations, a lovely bath-house, tent sites, as well as boat rental.

Lubūži, Raunas pagasts (by Lake Lubūži), Raunas novads Phone +37129428188; GPS: 57.281343, 25.712063

🗸 A flight over Smiltene, farm 'Rožkalni'

rtunity to take an exciting flight over Smiltene with a pilot, a tour of the farm where wheat, rve, barley, rape, caraway and clover seeds are grown. A comfortable recreation place. Advance booking of tours! Rožkalni, Smiltenes pagasts, Smiltenes nova



8 Health Path and Extreme Ride near Cērtene Castle Hill

A path with various exciting wooden and wire cable element other convenient paths for walking and cycling, a recreation field with all amenities. An extreme ride in an army-type car around the Castle Hill. Certene Castle Hill is a national archaeological monument, the most ancient witness of the history of Smiltene Advance booking of tours Phone +37129577078; GPS: 57.41386, 25.89553

9 Nature Path 'The Hurst of Nature Friends',

The path is located next to the recreation centre 'Trīsssaliņas' There are over 30 wooden animal figures along the 400 m of the path. Each visitor is given a special map of for finding the animals and the path checkpoints. Comfortable recreation places, playgrounds, boat and catamaran rental, watchtowe Advance booking of visits!

THE REAL

3 =

and

THE REAL

4

rīssaliņas, Grundzāles pagasts, Smiltenes novad Phone +37126536637, +37129477124; www.trissalinas.lv

GPS: 57.49141, 26.21865 🔟 Ezerlejas – Mini zoo

4

You can see pheasants, South African ostriches, dwarf goats, fallow deer, sheep pigs etc. Fishponds, recreation areas, a playground, a campsite. Advance booking of visits (from 1st ember to 1st June)! Launkalnes pagasts, Smiltenes novads. Phone +37126357959

ezerleias@inbox.lv: www.ezerleias.lv: GPS: 57.29946, 25.8427 Love Square

Will you give me a kiss? Kiss me! In the square there are stone

as a bath-house and a tub.

GPS: 57.29748, 25.83620

Smiltene Cycling Paths

Recreation centre 'Silmači'

sculptures, dedicated to the theme of love. mane, Palsmanes pagasts, Smiltenes novads GPS: 57.39002, 26.18469

A recreation complex with sports grounds and equipment

rental, swimming and fishing in the lake, boating, riding

waterbikes and a motorboat, different water attractions, as we

Phone +37126555910, +37126555384; www.silmaci.mozello.com

4 marked cycling paths of different length and difficulty level

have been arranged in Smiltene and its surroundings, running

along interesting sights and recreation areas and a lake with an

outline of Latvia. The paths are suitable for Nordic walking in

The picturesque surroundings of the lake and the dam

wimming and recreation places, beach volleyball courts,

athletics and football stadium, go-karting and car circuits, an

in the Green House you will learn about an alternative, ecological

lifestyle and the principles of Permaculture. You will learn to

build from nature materials (a Hobbits' house, a rocket furnace

rural life and work, cuddle animals, as well as stay overnight in

On the farm you can see how concrete products - well curbs

posts and curbstones are made. The owner has more than 200

sheep of the peculiar Romanov breed which live both in pens

On the farm where ancient farmers' working virtue is highly

of pigeons, peacocks, black swans, unusual hens and also

rabbits and cows among which the famous Latvian Blue cow

On a visit to the nursery, you can learn about growing fir, pine,

birch and other trees from small seeds to seedlings which

are grown here for reforestation. Exploratory classes can be

Cultural History Stops

Rauna Castle ruins are among the most extensive and best

first half of the 14th century and it used to be one of the main

September to February. Visitors can go up the castle sightseeing

tower and enjoy a spectacular view of Rauna from above. The

The church, whose origins date back to the 14th century, has

been repeatedly damaged and rebuilt. The last reconstruction

took place in 1937 under the guidance of the architect Pauls

Kundziņš. On the church facade, you can still see two Livonian

reliefs which are unique Latvian history of art monuments

church, a story of the parish history, going up the church tower

3 Kalnamuiža, castle ruins and the cheese house

The complex of Smiltene manor, German order castle ruins

and the cheese house. Several buildings have been preserved

n Kalnamuiža: the reeve's house, the ice house, the kennel, the

The church obtained its present look during the last

reconstruction in 1859. It is a cross-shaped building with Gothic-

style windows, brilliant carvings and Latvian ornaments in its

nterior. The church museum exhibition has been arranged in

the tower. The origins of the church and the congregation date

back to 1370. By advance booking, visitors can go on a tour of

stable, the silage tower, the barn with ancient weathercocks,

to see Rauna from above, as well as a small organ concert.

Rauna TIC, Valmieras iela 1a, Rauna, Raunas novads

Phone +37164177014; +37120113881; www.rauna.lv

German order castle ruins with a cheese house (1763).

Kalnamuiža 3, Smiltenes pagasts, Smiltenes novads

www.smiltenestehnikums.lv; GPS: 57.42797, 25.91119

4 Smiltene Evangelical Lutheran Church

the church and listen to organ music.

Baznīcas laukums 1, Smiltene, Smiltenes novad

Phone +37126587167; GPS: 57.42360, 25.90515

Phone +37164772173 hotelkalnaligzda@inbox.lv

GPS: 57.332371, 25.610198

from the 14th-15th centuries. Visitors are offered a tour of the

key to the tower is available at Rauna Tourist Information Centre.

Raunas TIC, Valmieras iela 1a, Rauna, Raunas novads

Phone +37164177014; +37120113881; www.rauna.lv

2 Rauna Evangelical Lutheran Church

residences of Riga Archbishop during the winter season from

preserved castle ruins in Latvia. Rauna Castle was built in the

organized for children and adults. Advance booking of visits!

ojars@mikeli.lv; www.mikeli.lv; GPS: 57.514911, 26.776632

is grazing. You can also see a small collection of antiquities

Zīļi, Apes pagasts, Apes novads. Phone +37129163907

nta.bremze@inbox.lv; GPS: 57.526417, 26.715137

valued, you can see various interesting birds - exotic breed

Stradini, Apes pagasts, Apes novads. Phone +37126380509

Lejas Varicēni, Smiltenes pagasts, Smiltenes novads

http://zalamaja.blogspot.com; GPS: 57.45612, 25.96352

etc.) and make new things in creative workshops, get to know

promenade is a popular recreation area. There are comfortab

enes novads; GPS: 57.43112, 25.91982

spring, summer and autumn, as well as for skiing in winter.

Recreation and sports complex 'Teperis'

open ice rink, tennis courts, open-air exercise machines.

😉 Farmhouse 'Lejas Varicēni'

Phone +37126555539, +37126406687

and sheds. Advance booking of visits!

Exotic birds on 'Zīļi' farm

😃 Farm 'Miķeļi' tree nursery

ightseeing towe

Miķeļi, Apes pagasts, Apes novads. Phone

Rauna Medieval Castle ruins and the

the first Hay Hotel in Latvia.

近 'Miku-mē Land'

GPS: 57.499353, 26.641996

Advance booking of visits!

tene, Smiltenes novads; GPS: 57.42792, 25.92244

ilmači, Launkalnes pagasts, Smiltenes novads

5 Smiltene St. Joseph Roman Catholic

parish house The newest sacral building in Smiltene, opened in 2002. /alnu iela 17, Smiltene,

Phone +37129127456; GPS: 57.430520, 25.89723

6 Mēri Manor and Smiltene County Museum The castle was built in 1905 in romantic eclectic style. In the manc rooms you can see the exhibitions of Smiltene County Museu and take part in creative workshops. Advance booking of tours! Mēri, Bilskas pagasts, Smiltenes novads

2 Phone +37164707575, +37129395200; GPS: 57.44489, 26.09255 Private collection of antiquities 'Lejas Kleperi' A traditional farm in Vidzeme, managed by ancestors for

over 350 years. A private collection of forest, hunting and antiguities can be seen. An opportunity to find out how a rest is formed and managed in a environment-friendly style. Advance booking of visits!

Lejas Kleperi, Launkalnes pagasts, Smil Phone +37126485545; GPS: 57.29045, 25.88916

8 Memorial house of Elina Zalite

An exhibition and a memorial room have been arranged in the house where you can learn about the life and creative work of the Latvian writer, poetess, translator and playwright Elīna Zalite and listen to the records of her poetry and songs with vrics by the poetess. Donations are collected for restoration of Zālīte's monument. Advance booking of visits! zirnavu iela 24, Ape, Apes novads; Phone +37126388665

teka@ape.lv; GPS: 57.540962, 26.686081 9 Historical centre of the town of Ape

A tour of the historical centre of Ape looking at the peculiar local dolomite buildings, Pasta street paved with forged cobblestones, as well as one of the newest Latvian Lutheran Churches. pes TIP, Skolas iela 4, Ape, Apes novads Phone +37122037518; tic@ape.lv; www.apesnovads.lv

Gaujiena Estate Ensemble and Park

GPS: 57.539134, 26.691908

he ensemble has been formed in the picturesque valley on the bank of the Gauja. More than 20 buildings were built in the 19th century when the estate belonged to the Baron fon Wulf family. At present there is Gaujiena Secondary School named after Ojārs Vācietis and the museum of the history of Gaujiena

chools and county in the palace. Pilskalni, Gaujiena, Gaujienas pagasts Phone +37164381601, +37128386923; gaujiena.info@ape.lv

GPS: 57.514406, 26.397295

🕛 The estate brewer's house, 'Anniṇas'- memorial museum of Jāzeps Vītols

You are invited to visit the composer Jāzeps Vītols's summer home where he worked and relaxed, and where the best days of his life were spent together with his wife Annija. 'Gaujiena - my paradise and island of happiness', said Jāzeps Vītols. inas, Gaujienas pagasts, Apes novads. Phone +3712924 aujiena.muzeis@ape.ly: GPS: 57.513124, 26.398580

🕑 The larch lane of Trapene

The larch lane was planted from Bormanmuiža (Trapene) to Līzespasts in around 1890 by the order of Baron Woldemar Wulf. he lane was created to make riding more pleasant; it is 5 km long (one of the longest in Latvia) and consists of over 630 larch trees enes pagasts, Apes novads; GPS: 57.476701, 26.529819

Bormani Estate and hunting palace in Trapene

he Baron's hunting palace was built as a single-storey log building which was later coated with red bricks. There were three ornate fireplaces in the palace, verandas at both ends of he building; exotic plants were grown in a glazed conservatory. At present the culture centre and the library are located in the palace. The houses of the estate manager and the reeve have urvived from the estate times, as well as the park with ponds. Bormaņi, Trapenes pagasts, Apes novads

hone +37125413403; www.apesnovads.lv

🛂 Memorial room of Ojārs Vācietis

@inbox.lv; GPS: 57.449138, 26.594948

In Trapene memorial house there is a memorial room of the poet Öjärs Väcietis. You can see materials which tell about the poet's childhood and school years, as well as pieces of his

mother's needlework and his father's interesting collection of ree outgrowths. rapene, Trapenes pagasts, Apes novads. Phone +37125413403

🕒 Zvārtava palace

GPS: 57.449537, 26.594938

Zvārtava palace is a romantic Tudor Gothic Revival style building which was built in 1881 by the order of Baron Fersen. It is the venue of creative work of Latvian Artists Union and ternational symposiums. Tourists are welcome to the hotel in the palace. Conferences, parties, weddings, celebrations and other events can be organized in Zvārtava palace. A ballroom onference hall and a dining room are available.

Zvārtava, Gaujienas pagasts, Apes novads hone +37129454543; vvitalijs@gmail.co www.zvartavaspils.lv; GPS: 57.537398, 26.369081

🔟 Museum of antiquities 'Fazāni'

Zigurds Safranovičs's private museum of antiguities, located i the former Baron Wulf's Bormaņmuiža park, was founded in May, 2010. There are about 40 thousand various objects in the museur collection. The oldest and rarest exhibit, according to a legend 300 years old, is Ernst Glik's fridge. Groups of over 20 people are offered to taste porridge made on a fire by an ancestral recipe. azāni, Trapenes pagasts, Apes novads. Phone +371294 igurds.fazani@inbox.lv; GPS: 57.447621, 26.598276

🖤 Vireši Local History Room

/ireši Local History Museum is located in the building of Vireš municipality which was built in 1869 for Gauijena parish council he popular poetess Kornēlija Apškrūma lives in Vireši. She has dedicated her working life to the people of Vireši parish and has been awarded with the Cross of Recognition Grade 2 (silver) rooms holds an exhibition of K. Apškrūma's hobby collections. ecvireši, Virešu pagasts, Apes novads. Phone +37125604243 GPS: 57.455705. 26.371491

🛽 'Līves'

The Gavari family manage 'Cerini' farm in Vireši village, Ape county. The guests are amazed by the healthy lifestyle, closeness o nature, hospitality and positive aura. The ancient farm is one of the most beautiful and well-kept in Latvia. Cattle and sheep graze in the meadows by the Gauja. By advance booking, the ostess will treat quests with delicious lunch. Ceriņi, Virešu pagasts, Apes novads. Phone +37129273626

indris.gavars@inbox.lv; GPS: 57.382656, 26.469692

Health Stops

(GRAENN' Ltd The green-thinking company 'Graenn' produces natural skin care products from local plants: hydrolats (flower water), plant extracts in oil, home spa products, as well as aroma accessories, ideal for lovely gifts. All products are hand-made, using natural raw materials. You can test and buy the products. Individual and small group visits, only by advance booking!

2 Health Path

The health path has been arranged along the right and the left bank of the river Rauna. The path runs along the river, against the current – approximately 1.5 km in length. It is a picturesque walking area in all seasons. The nature path is equipped with various elements necessary for providing physical activity. The path starts in Valmieras street next to the bridge over the river Rauna. Valmieras iela, Rauna, Raunas novads

GPS: 57.333242, 25.608686



3 Sacred hill 'Piltinkalns

12/200

Piltiņkalns is a sacred hill where regular celebrations of folk traditions take place. A spiral path with nine circles goes round the hill. You can find 'The Tree of Life' maze on its south-west slope, and Grīnu sacred spring on the north-east slope. There are several energetically active sites on the hill. Beautiful andscape can be enjoyed from the top.

Raunas novads, 4 km from the centre of Drusti, in Zosēni direction. Phone +37129331935; www.piltinkalns.lv GPS: 57.200386, 25.863997

Recreation complex 'Plavnas'

Beautiful landscape, peaceful and natural environment for recreation and event organization. Surrounded by meadows, forests and water, 'Plavnas' is an architecturally interesting uest house with several banquet halls, two holiday home to accommodate up to 100 people, a pond cascade for fishing and water activities, a bath-house, an arbour and wigwams, s well as gardens with American cranberries and highbush blueberries, health-promoting activities and delicious food. avnas, Drustu pagasts, Raunas novad Phone +37129192505, +37129179465; www.plavnas.lv

PS: 57.259093, 25. 858244

5 Healthy recreation for families in guesť house 'Kalnaruški'

Both active and peaceful recreation options for guests of various ages are offered. There are sports grounds, a tourism and amusement track, a watchtower and an open-air stage. You can njoy healthy bath-house procedures, as well as collect plants for herbal tea in the meadows. Carps are waiting for fishermen in the ponds, but children will enjoy observing rabbits and goats. The eautiful, well-kept place is suitable for extensive sports games camps and weddings. Picnic places, grill on the raft. You can enjoy a delicious meal after your taste, by advance booking, either in the big (100 people) or small (40 people) hall. Off-site laying table and catering is also offered. Advance booking of visits. Kalnarušķi, Apes pagasts, Apes novads. Phone +37125694554 aigija.kalnina@gmail.com; www.kalnaruski.lv

😉 Vaidava Nature Trail

: 57.534866, 26.815278

he trail starts next to Ape Secondary School named after Davis Ozoliņš and runs along the picturesque banks of the river Vaidava, mythical Raganu (Witches') cliffs and springs with clean, healthy water. You can find information about the surrounding nature and history on the signboards. A picnic place with a swing. Exploratory and enjoyable activities run by n environmental guide are offered.

Apes TIP, Skolas iela 4, Ape, Apes novads, Phone +37122037518 @ape.lv; GPS: 57.514782, 26.399155

Vizla Nature Trail

The trail runs along the small river of Vizla with dolomite outcrops nd rapids. It starts by the ancient bridge over the Vizla, built in1834, which is the oldest arched dolomite bridge in Latvia. The Great Žākļi boulder can be found on the bank of the Vizla river. ireši, Virešu pagasts, Apes novads. Pho www.apesnovads.lv; GPS: 57.430761, 26.346901

8 Gaujiena Nature Trail

The signboards of the trail give information about a part of various nature values of the northern Gauja: especially protected habitats- the Gauja old rivers, meadows, forests on the banks and slopes, springs and millions-year-old rock outcrops and denizens of these habitats - rare birds, fish and lots of other creatures. The trail runs along the bank of the Gauja, including the historical ensemble of Gaujiena Estate, and you can see he pasture arranged for maintaining natural grassland. The ength of the trail is 6 km. Walking the trail, if you give time to ll information on the signboards, takes approximately 3 hours. auijena. Apes novads. Phone +37164381601, +37128386923 gaujiena.info@ape.lv; GPS: 57.514782, 26.399155

1 The Staburags cliff of Rauna

Latvian-wide unique freshwater limestone formation i he Rauna river valley which was created 8-10 thousand years ago by spring water precipitating and cementing limestone in topsoil. The cliff is about 3.5 m high and 17 m wide. Together with the slope Staburags makes a spectacular sight, reminiscer of a kind of waterfall. Since 1966 when the Daugava Staburags was flooded, it has been the only nature monument of this kind in Latvia. Climbing the Staburags is strictly forbidden! On the right bank of the river Rauna, approximately 3 km

Nature stops

nst the current) from the centre of Rauna, Raunas novad

GPS: 57.322153, 25.600759

2 Devil's Cave The white sandstone cave is located in the valley of the river Rauna. The cave is 50 m2 large, and its total length is 13.6 m. The entrance has caved in several times, and only since 2004 it has been accessible to visitors. In the winter beautiful ice formations can be seen by the entrance of the cave. u iela 12, Rauna, Raunas novads; GPS: 57.329538, 25.600762

🕑 Cērtene Hillfort

he most ancient witness of the history of Smiltene. Its height on the side of the Certene river is nearly 25 m. To defend the castle hill, up to 12 m deep ditch was dug around it. This is considered to be one of the most impressive fortification constructions of

Latvian castle hills. tene, Smiltenes novads: GPS: 57.41388, 25.89554

4 Recreation area of 'Latvian State Forests'- Lake

Niedrājs and its surroundings The banks of Lake Niedrājs are ideal for jogging, Nordic walking skiing or orienteering sport. There are 7 forest lakes, 4 cycling aths of different length, also a ski run in the winter, comfortabl bathing and recreation sites in the area. tene, Smiltenes novads; GPS: 57.43123. 25.97488

6 The Great Oak of Mēri An oak-tree with the largest crown in Latvia – 30x30 m. lēri, Bilskas pagasts, Smiltenes novads GPS: 57 444822 26 093701

6 Palsmane Nature Study and Adventure Path During a walk along the river Palsa you can learn about the natural values in the area, find out information about the river Palsa, its surroundings and inhabitants, have a look at natural design objects. The total length of the path is about 2.2 km. Palsmane, Palsmanes pagasts, Smiltenes novads

🕖 Randatu cliffs

GPS: 57.38929, 26.18643

The cliffs are next to 'Randati' house, approximately 1 km upstream of Vireši bridge, on the right bank of the Gauja. The total height of the cliffs reaches 15 m (there are two terraces - 6 and 9 m), the width is 64 m, the height of the slope is 26 m. Since flooding the Daugava valley this has been the highest dolomite cliff in Latvia. In the northern part of the cliffs old dolomite mines can be found. Vireši, Apes novads; GPS: 57.448460, 26.346456

8 Dzenīšu Great willow

The white willow tree growing in the curve of the river Vaidava near the moto track, next to 'Dzenīši' house, is considered to be the greatest representative of this species in Europe, as its trunk rcumference has already reached 10 m. Travellers can leave their wishes to the tree in a special 'postbox'. kt to "Dzenīši", Dauškani, Apes pagasts, Apes novads

O Tilderi Nature Trail

GPS: 57.545224, 26.712426

On the left bank of the Gauja, opposite the Randatu cliffs, Tilderu cliff of similar geological composition can be found. Only small cliffs can be seen from the Gauja. The trail runs across a meadow past the Crabapple- tree. Vireši, Apes novads; GPS: 57.453476, 26.344699

Stop and participate! In Rauna County

- Cycle race 'Ride free!' 4th May v rauna lv
- The Medieval Dav in Ronnenburg and the Museum Night activities in Rauna and Drusti – 21st May
- www.rauna.lv The Festival 'Find in Rauna County! this year 3rd and 4th June. The theme of the festival - 'Beer www.rauna.lv
- Plein air Painting in Rauna 15th to 20th August, in co-operation with Valmiera Culture and Art Foundation and Gallery Laipa. www.rauna.lv
- Rauna celebrates its Name Day -20th August! www.rauna.lv
- Cycle Festival and Family Race in Drusti 21st August. www.rauna.lv
- Gnomes have fun in Rauna in December www.balt-go.lv

In Smiltene County

4

- Car sprints, car racing, car rallies regularly, throughout the year, in Smiltene auto track, www.teperis.lv
- Different kinds of cycle races, cycle marathons in Smiltene and its surroundings, www.smiltene.lv
- Opening of active tourism season of Smiltene County 14th May www.smiltene
- Smiltene Town Festival 15th- 17th July www.smiltene.lv Jubilee concert of the group 'Apvedcels' -
- 16th July www.smiltene.lv
- End of active tourism season of Smiltene County – 1st October www.smiltene.lv

In Ape County

- Borderland Spring Fair in Ape 8th May www.apesnovads.lv Motocross 'Vaidava Cup' and 'Golden
- Moped' in Ape-22nd May www.vaidavaskaus
- Trapene Elementary School 80' 28th May www.apesnovads.lv
- Jāzeps Vītols Music Days in Gaujiena 23rd July www.apesnovads.lv
- Trofi Raid in Trapene 29th to 31st July www.
- Ape Town Festival 26th to 28th August www.apesnovads.lv
- Vivus.lv MTB marathon 10th September
- http://www.mtb-maratons.lv **Borderland Autumn Fair in Ape** – 25th tember www.apesnovads.lv

1 Restaurant-bar Park Hotel

Address: Baznīcas laukums 2 - 1st and 2nd

🟮 Cafe 'Trīs pipari un kūkas'

Address: Baznīcas laukums 5, Smiltene

Phone +37129451734, +37120220174

'Brūzis'

Number of places: 18

Phone +37164773708

GPS 57.42771, 25.91587

2 Cafe 'Pasēdnīca'

Number of places: 52

Phone +37164707445

Number of places: 40

GPS: 57.42507, 25.90343

4 Cafe 'Pauze'

Number of places: 14

Phone +37164772701

Number of places: 20

GPS: 57.41519, 25.88754

6 Canteen 'Draugs'

Number of places: 250

hone +3716477429

Number of places: 25

Phone +37126388017

Rauna

GPS: 57.42559, 25.90239

Cafe 'Hameleons'

Phone +37128346846

GPS: 57.330886, 25.608547

Ape and Ape County

Cafe 'Krodziņš'

Phone +37126594554

Cafe 'River'

GPS: 57.41890, 25.88821

5 Cafe 'Oāze'

GPS: 57.42517, 25.90706

Address: Pils iela 6. Smiltene

Address: Ābelu iela 4. Smiltene

Address: Rīgas iela 16b, Smiltene

Address: Daugavas iela 4, Smiltene

Number of places: 20 + 10 (in the shed

Number of places: 25 + 25 (in the shed

Number of places: 140 ± 60 (in the shed

during the summer season)

during the summer season)

Address: Ganību iela 4, Ape

GPS: 57, 5376792, 26, 6872823

🕖 Farm 'Kalnarušķi'

Address: Ganību iela 6, Ape

GPS: 57.531996, 26.816086

Phone +37126594554

during the summer season)

Address: Rīgas jela 2A, Rauna

Phone +37129619602, +37164774653

4

MI WILLY

GPS: 57.42420, 25.90430

oor, Smiltene

Address: Brūža iela 2, Smiltene

Catering

Smiltene and Smiltene County

8 Musical cafe 'Mūza'

GPS 57.423120, 25.905580

Bar 'Klondaika'

Number of places: 30

Phone +37164774365

GPS 57.42461, 25.90037

Number of places: 20

Cafe 'Kalna ligzda'

GPS: 57.428579, 25.909001

Number of places: 200

GPS 57.42876, 25.90872

😃 Bar 'Silvans'

Number of places: 60

GPS: 57.40910, 25.93986

Cafe 'Jautrais ods'

Number of places: 25

Launkalnes pagasts

Phone +37164772610

GPS 57.38304, 25.95504

4 Cafe 'Kukaburra'

Number of places: 45

Launkalnes pagasts

Phone +37126188872

GPS: 57.33750, 25.83028

① Canteen 'Kalnamuiža'

Address: Silva 16, Launkalnes pag

Phone +37164774630, +37129428283

Address: Vidzeme Motorway 115th km

Address: Baznīcas laukums 16, Smiltene

Phone +37164707235, +37120241040

Address: Krāsotāju iela 2, Smiltene

Address: Kalnamuiža 7, Smiltene pagasts

Phone +37126556681, +37164772173

Address: Kalnamuiža, Smiltenes pagast

one +37164773848, +37126135949

Number of places: 40

Accommodation

Smiltene and Smiltene County

\rm Hotel 'Park Hotel Brūzis Number of places: 31+6

Address: Brūža iela 2, Smiltene Phone +371644773708; +37128630180 GPS: 57.427883, 25.916103

2 Recreation complex 'Meteorīts'

Number of places: 16+14 Address: Augstā iela 1, Smiltene Phone +3712659649 GPS: 57.41860, 25.90432

Guest house 'Oāze

Number of places: 15+4 Address: Ābeļu iela 4, Smiltene Tel. +37129619602; +37164774653 GPS: 57.41529, 25.88827

4 Guest house 'Vilks un Briedis' Number of places: 10+30 Address: Cerinu iela 5, Smilten Phone +37129663556 GPS: 57.41370, 25.88429

5 Guest house 'Cērtenes dzirnava Number of places: 15+2 Address: Krastkalni, Brantu pagas

Phone +37129417566, +37129446504 GPS: 57.41129, 25.88191

6 Hotel 'Kalna ligzda' Number of places: 23+4

Address: Kalnamuiža-7, Smiltenes pag Phone +37164772173, +37126556681 GPS: 57.42856, 25.90907

7 Farm house 'Kalbakas

Number of places: 32+20 Address: Kalbakas, Smiltenes pagasts Phone +37129465018, +37129257467 GPS: 57.43782, 25.93639

8 Guest house 'Lejas Zauskas'

GPS: 57.44476, 25.83306

Number of places: 6+6 Address: Lejas Zauskas, Smiltenes pagas Phone +37126496178

9 Farm house 'Donas

Number of places: 10+10 Address: Donas, Blomes pagast Phone +37126425426 GPS: 57.44128, 25.73369

Recreation complex

'Ezerlejas' Number of places: 16+6 Address: Ezerlejas, Launkal Phone +37126357959

GPS: 57.29940, 25.84278 Recreation complex

Number of places: 110+52 Address: Silmači, Launkalnes pagasts Phone +37126555910, +37126555384 GPS: 57.297552, 25.836213

😃 Recreation and sports comple 'Trīssalinas'

Number of places: 58+12 Address: Trīssalinas, Grundzāles pagast Phone +37126536637; +37129477124 GPS: 57.490778, 26.219407

🚯 Guest house 'Kalna Bauni

Number of places: 10+12 Address: Kalna Bauni, Grundzāles paga Phone +37129132017. +37129205816 GPS: 57.51187. 26.18524

4 Guest house 'Aumeisteri

Number of places: 19+6 Address: Aumeisteri, Grundzāles pagast Phone +37129239247, +37129275347 GPS: 57.52334, 26.20396

🕒 Guest house

'Purgaiļi' Number of places: 36+64 Address: Purgaili, Grundzāles pagasts Phone +37129150180 GPS: 57.42900, 26.23

Rauna and Rauna County

6 Accomodation in the centre of Rauna

Number of places: 4 Address: Cēsu jela 2, Rauna Phone +37129455975 GPS: 57.331635, 25.609245

Boarding house 'Rauna

season)

Lubūzis

Number of places: 8 (during summe

Address: Miera iela 8, Rauna Phone +37126267926 GPS: 57.322324, 25.595879

Guest house 'Lubūži' Number of places: 30

Address: Lubūži, Raunas pagasts, by lake Phone +37129428188

GPS: 57.281343, 25.712063

Guest house 'Jaun-leviņa Number of places: 40

Address: Jaun-Jevinas, Raunas pagasts Phone +37129495146, +37126463980 GPS: 57.278341, 25.609738

🥹 Guest house 'Kalna Upmaļi'

Number of places: 15 + 35 additional places during the summer season Address: Kalna Upmaļi, Raunas pagasts Phone +37129138054, +3712635508

GPS: 57.323811, 25.588777 **4** Holiday home 'Drustu muiža

kavalieru nams Number of places: 8

Address: Arodu iela 2. Drusti. Drustu pagasts Phone +37129510710, +3712962610 GPS: 57.231299, 25.850064

🙋 Holiday home 'Plavnas'

Number of places: 100 Address: Plavnas, Drustu pagasts Phone +371 29192505 GPS: 57.259093.25.858244

23 Tent site 'Ozolkalns'

Address: Ozolkalns, Drustu pagas by lake Krogus Phone +37126184900 GPS: 57.224993, 25.858001

2 Tent site 'Skolieši

Address: Skolieši, Drustu pagasts by lake Draudzesskolas Phone +37120257343 GPS: 57.219449, 25.845103

Ape and Ape County

🕗 Guest house 'Kalnarušķi'

Number of places: 60 + 5 places for camper van Address: Kalnarušķi, Apes pagasts Phone +37126594554 GPS: 57.531996, 26.816086

20 Tent site by lake Zvārtava Address: Zvārtava, Gaujie Phone +3718386923

GPS: 57.5293822, 26.3713320 4 Holiday home

'Jaunvosi' Number of places: 13

Address: Jaunvosi, Apes pagast Phone +37126116845 GPS: 57.5126363, 26.6718328

穆 Holiday home 'Melderi

Number of places: 46 + 2 places for camper vans

Address: Melderi, Apes pagasts Phone +37120379986, +37129496005 GPS: 57.526627, 26.774003

Accommodation 'Dāvja Ozoliņa Apes vidusskola

Number of places: 20 (during summer season) Address : Pasta iela 26, Ape Phone +37164355109, +37122049209

GPS: 57.540563, 26.705436 30 Hotel 'Zvārtavas pils'

Number of places: 56 + 10 additional places during the summer season

Address: Zvārtava, Gaujienas pagasts Phone +37129454543 GPS: 57.5363441, 26.3651933

3 Accommodation 'Gaujienas speciālā internātpamatskol

Number of places: 40 - 150 (during summer season) Address: Gauijena, Gauijenas pagasts

Phone +37164381154, +37164381038 GPS: 57.5135895, 26.3941826

22 Accommodation 'Oiāra Vācieša Gauiiena vidusskolas internāts lumber of places: 100

(during summer season

Address: Gaujiena, Gaujienas pag Apes nov. Phone +37164381629, + 37126514183

GPS: 57.5135895, 26.3941826 3 Guest house

'Jaunzilākši' Number of places: 15

Address: Jaunzilākši, Virešu pagasts hone + 37129204530 GPS: 57.455128, 26.304039

Tent site 'Raganu klintis' by the river Vaidava

ddress: next to Pasta iela 26, Ape Phone +37122049209; +37122037518 (Apes TIC) GPS: 57.5419211, 26.7184934

